

Shaping the Future: Deep Dive into the National Youth Strategy

National webinar #2: 10th February

Resources and links shared

- For any inquiries related to the forum, please email: NHSYouthForum@barnardos.org.uk
- Last year, some of the NHS Young Researchers collected 254 voices of young people nationally on the subject of mental health and their experiences, this report is completely youth-led: [NHS Youth Forum Mental Health Report](#)
- The Royal College of Paediatrics and Child Health (RCPCH) Engagement Academy have a health-related consultation opportunity for Children and Young people aged 5-25 running until 15 Feb. The topic with the most responses will become an indicator in the State of Child Health report that goes directly to government, amplifying voice at a national level. Email: and_us@rcpch.ac.uk. Link to share: <https://forms.office.com/e/UbkKDaVaPi>
- Sector roadshows: <https://nya.org.uk/regional-roadshows-2026-delivering-the-national-youth-strategy-together/>
- Youth engagement events here: <https://www.iwill.org.uk/youth-matters-2026-events/>
- The gov.uk pages for the Strategy and Report: <https://www.gov.uk/government/publications/youth-matters-your-national-youth-strategy>
- [Sign up](#) to the 'Youth Matters: Data Deep Dive Webinar' on Tuesday 3rd March 13:00-14:00.
- <https://www.ndti.org.uk/project/young-inclusion-champions/>
- <https://www.rcpch.ac.uk/resources/engagement-standards>
- Young carer PPV partners working in the unpaid carers team & wider cross-government work and have some fantastic thoughts on how young carers can influence policy across health and education that could be an interesting podcast topic if of any interest - email ellie.coulbeck@nhs.net
- DCMS has just published some guidance to support youth voice: <https://www.gov.uk/government/publications/youth-voice-in-policymaking>
- [PANELS Project](#)
- [NHS YF TRANSITION REPORT](#)
- [Time to Talk Next Steps | NDTi](#) a programme to meet, support and empower young people who have faced barriers to engagement/inclusion
- Ashwin Sridhar's email: ashsrid@gmail.com and LinkedIn page: <https://uk.linkedin.com/in/ashwin-sridhar-uk>
- [Engaging under-11s in youth voice: Learning from experts - IVAR](#)
- [From voice to power: Making young people partners in the NHS - IVAR](#)
- [Learning Network - Children and Young People – NHS Futures](#)