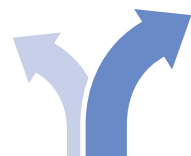


# Moving to action and growing pilot projects

## Tips from the Practice Development Network

### Getting started and moving to action



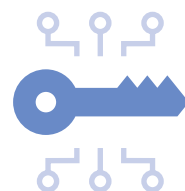
#### Try a different approach

Nottingham and Nottinghamshire switched to an action research approach after realising that collaborative meetings were not as effective.



#### Be flexible and try it out

West Yorkshire and Harrogate changed their focus in Calderdale as more young people got involved in the project.



#### Ensure ownership of work is shared across statutory and VCSE

Nottingham and Nottinghamshire realised it was valuable for those in hospital to be involved in research so they could learn about what was available for their patients in the community.



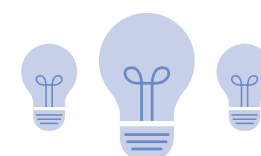
#### Stay a part of the national programme

It is important to have the independence and objective support of the national programme (including resources and tools – [www.ivar.org.uk/transforming-together/](http://www.ivar.org.uk/transforming-together/)) to tackle potentially contentious local issues.



#### Invest in working together

This will help with understanding how to work differently and place importance on solving problems together.



#### Allow everyone to come up with solutions

North Cumbria put the issue of high levels of preventable stroke to everyone in the community – not just those delivering NHS Services.



#### Use research to better understand problems

West Yorkshire and Harrogate undertook surveys with the local community in Wakefield to understand approaches to eye health and care which fed into how they addressed preventable eye sight loss.



#### Learn from the experiences of others and adapt their approach

Frimley developed a healthy work place after learning about other organisations' methods.

### Growing and scaling pilot projects

Recognise where support and energy are

Make a start, even if it's not perfect

Work with regional steering groups to drive forward locally

Develop a common language together to better understand the goals and objectives

Learn what works at the community level by focusing bottom up rather than top down

Look outside of the traditional 'health sector' and partner with others

Take different approaches with stakeholders, where appropriate, using clear and transparent communication

Look to national networks that can support your work

These tips are from our recent webinars which gave health and care leaders an opportunity to share queries, ideas and advice on transforming healthcare together.

We heard from five of the Building Health Partnership (BHP) areas including: **Lancashire and South Cumbria ICS** (devolving leadership to VCSE), **West Yorkshire and Harrogate** (MSK and eyesight lost prevention), **Frimley** (healthier workplaces), **Nottingham and Nottinghamshire** (delayed transfer of care), and **North Cumbria STP** (stroke prevention).

Delivered by:

**IVAR** Institute for Voluntary Action Research

**S** Social Enterprise UK

Jointly funded by:

**COMMUNITY FUND**

**NHS England and NHS Improvement**

The Practice Development Network is designed to support the sharing of learning, experiences and challenges of working in a collaborative way across sectors in health and social care. Its core members are people who have been involved in BHP work, however it is open to all who are working or would like to work across sectors to deliver better health and social care outcomes.

To join the network, email [nancy.towers@socialenterprise.org.uk](mailto:nancy.towers@socialenterprise.org.uk)